

# Skin Care Philosophy

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Hello there!

We know you have several options when choosing an establishment for aesthetic services. We would like to take this opportunity to express our sincere appreciation for having had the chance to undertake this journey to better skin with you. Welcome to the team! We would like to take a moment of your time to explain our "Skin Care Philosophy"; or how M Spa views skin care and the role we all play (even you!) on this path to more youthful and healthier skin.

First, every member of our team (including you), plays a pivotal role in the correction and maintenance of your skin. From esthetician to surgeon, from facial to facelift, and everyone and everything in-between; we all serve as a "tool" in your "toolbox". It is up to you to choose the rate in which you use these tools and, as you will come to see, the frequency in which you do will be directly reflected in your results. As trusted experts in our field we are here to guide you every step of the way but ultimately it is up to you to start the journey and walk the path.

Healthy, youthful skin starts by establishing a good skincare routine (and sticking to it!). Here at M Spa we only offer the highest quality medical-grade skincare products and treatments. By completing an in-depth medical history and skincare questionnaire along with a Visia skin analysis, your provider can better help you develop a skin care plan and regimen based upon your goals. Our providers operate with the highest levels of expertise in their respective fields. With years (decades actually) of experience shared between providers, we work as a whole to deliver the best results for our patients. Skin care is an ongoing process that does not end after having a single treatment but continues over a lifetime to not only maintain results but slow progressive skin aging. We like to think of skin care as a continuous loop rather than a straight line with a definitive stopping point.

Here at M Spa, your safety is our top priority. Many of our treatments require adhering to a pre-treatment or post-treatment product protocol and/or limited sun exposure before, during and after procedures. Not adhering to your providers instructions can have detrimental effects on your skin not to mention your results. We promise to give every treatment we do 100% of our efforts to deliver results beyond your expectations. We hope you display the same dedication we do in the health and wellbeing of your skin.

Again, welcome to M Spa where you are not just a patient but a member of our team!

Sincerely,

Dr. Tiffany McCormack and all the M Spa Staff

Our Family of Websites:



[mspareno.com](http://mspareno.com)



[plasticsurgeryrenotahoe.com](http://plasticsurgeryrenotahoe.com)



[coolsculptreno.com](http://coolsculptreno.com)

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